

# May 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Onsite meals:</b> \$2.25 for seniors, \$4.18 those under age 55. Home deliver cost \$2.50. Reservations needed 24 hours in advance. Cancellations must be made by 10:00 am for the day of reservation.	<b>Stuffed Bell Pepper</b> Mashed Potatoes Baked Zucchini w/ Parmesan Cheese Lettuce & Red Cabbage Salad Orange Slice <p style="text-align: right;">1</p>	<b>Ham &amp; Spinach Quiche</b> Three Bean Salad Buttered Corn Whole Wheat Bread Lime Jello w/ Pineapple <p style="text-align: right;">2</p>	<b>Shredded Chicken Tacos (bar)</b> Refried Pinto Beans Lettuce, Tomato & Shredded Cheese Sour Cream Salsa Fresca Tangerines <p style="text-align: right;">3</p>	<b>Cinco De Mayo Luncheon</b> <b>Shredded Beef Tacos</b> Refried Beans Sweet Corn Cake Salsa, Guacamole, Chips Flan <p style="text-align: right;">4</p>
<b>Sloppy Joes w/ Bun</b> Baked Beans Mixed Vegetables Coleslaw Chocolate Cake <p style="text-align: right;">7</p>	<b>Chicken Burrito (chicken, onions, red peppers, rice)</b> Black Beans Salad w/ Shredded Cheese & Black Olives Peaches Orange Juice <p style="text-align: right;">8</p>	<b>Roast Turkey</b> Mashed Potatoes w/ gravy Peas Spinach, Onion Mushroom Salad Ambrosia Fruit Salad Whole Wheat Bread <p style="text-align: right;">9</p>	<b>Baked Ham (pineapple glaze)</b> Sweet Potatoes Coleslaw Corn Bread Mandarin Oranges <p style="text-align: right;">10</p>	<b>Special Lunch</b> <b>Chicken Napolitano</b> Mashed potatoes Spinach Salad with pears slices, goat cheese and almonds French roll Spumoni Ice Cream w/ Vanilla cookie <p style="text-align: right;">11</p>
<b>Oven Baked Chicken</b> Baked Squash Baked Beans Coleslaw Corn Bread Chocolate Pudding <p style="text-align: right;">14</p>	<b>Tuna Salad w/ Egg &amp; Scallions</b> Three Bean Salad Lettuce Melon Mix Crackers Orange Juice <p style="text-align: right;">15</p>	<b>Spaghetti Bolognese</b> (tomato, garlic, onions, ground beef, basil) Green Beans Lettuce w/Spinach & Red Cabbage Garlic Bread Fruit Cocktail <p style="text-align: right;">16</p>	<b>Chicken Soft Taco</b> (lettuce, tomato, cheese) Mexican Rice Refried Pinto Beans Buttered Corn Oranges w/Coconut <p style="text-align: right;">17</p>	<b>Hamburger Steak w/Gravy</b> Baked Potato Baked Zucchini w/garlic & parmesan Cheese Green Salad w/Tomatoes & Cucumber Whole Wheat Bread Pears <p style="text-align: right;">18</p>
<b>Baked Salmon w/Lemon Sauce</b> Rice Pilaf Peas & Carrots Tossed Green Salad w/Spinach, Mushrooms & Red Onion French Wheat Roll Melon Mix <p style="text-align: right;">21</p>	<b>Turkey Meatloaf Stuffed w/Spinach</b> Squash & Potato Mash Green & Red Cabbage Salad Buttermilk Biscuit Banana <p style="text-align: right;">22</p>	<b>Pork Chop w/Apple Sauce</b> Black Eyed Peas (Beans cooked w/Onions & Garlic) Cesar Salad Rice Pudding Whole Wheat Bread <p style="text-align: right;">23</p>	<b>Box Lunch Health fair</b> <b>Choice of Mozzarella Basil Tomato Sandwich or Chicken Pesto Sandwich</b> Cold Rice Salad & Cookies <p style="text-align: right;">24</p>	<b>Chicken Cacciatore</b> (tomato, red pepper, onion & garlic sauce) Linguini Baked Zucchini w/Onion & Parmesan Herbed Toast French Bread <p style="text-align: right;">25</p>
<p style="text-align: center; font-size: 2em;"><b>Closed</b></p> <p style="text-align: right;">28</p>	<b>Chicken Teriyaki &amp; Pineapple</b> Fried Rice Stir Fried Cabbage & Carrots w/Ginger Asian Salad Peaches <p style="text-align: right;">29</p>	<b>Polish Sausage w/Onions</b> Boiled Potatoes Steamed Cabbage Rye Bread Banana <p style="text-align: right;">30</p>	<b>Chicken Salad w/Apples &amp; Cashews</b> Macaroni Salad Lettuce & Tomato slice Fruit Salad Crackers Orange Juice <p style="text-align: right;">31</p>	NOTE: Menu subject to change without notice 

# June 2012

				Thursday	Friday
<b>Onsite meals:</b> \$2.25 for seniors, \$4.18 those under age 55. Home deliver cost \$2.50. Reservations needed 24 hours in advance. Cancellations must be made by 10:00 am for the day of reservation. NOTE: Menu subject to change without notice.					<b>Pork Chow Mein</b> Noodles (veggies stir fried together) Cabbage, Carrot, Celery & Sprouts Salad w/ Mandarin Oranges Ice Cream Apple Juice <b>1</b>
<b>Turkey Chili w/ Beans</b> Steamed Rice Shredded Carrot, Cabbage Salad Buttered Corn Corn Bread Flan <b>4</b>	<b>Tuna Noodle Casserole</b> Buttered Peas Lemony Carrot Scallion Salad Whole Wheat Bread Orange Jello <b>5</b>	<b>Chicken Fajitas</b> Spanish Rice Pinto Beans Flour Tortilla Lettuce/Tomato Pear Halves <b>6</b>	<b>Meatloaf Stuffed w/ Spinach</b> Potatoes Au Gratin Baked Squash Wheat Bread Oatmeal Cookies Apple Juice <b>7</b>	<b>Chicken (pieces) Fettuccini Alfredo</b> Noodles Green Beans Mixed Green Salad Garlic Bread Orange Juice Bread Pudding <b>8</b>	
<b>Vegetable /Cheese Lasagna</b> Spinach Salad w/ Red Onions & Olives Garlic Bread Grapes w/ Fruit mix <b>11</b>	<b>Stuffed Bell Pepper</b> Mashed Potatoes Baked Zucchini w/ Parmesan Cheese Lettuce & Red Cabbage Salad Orange Slices <b>12</b>	<b>Ham &amp; Spinach Quiche</b> Three Bean Salad Buttered Corn Whole Wheat Bread Lime Jello w/ Pineapple <b>13</b>	<b>Shredded Chicken Tacos (bar)</b> Refried Pinto Beans Lettuce, Tomato & Shredded Cheese Sour Cream Salsa Fresca Tangerines <b>14</b>	<b>Special Menu Hot Dogs</b> <b>Potato Salad with Egg</b> Grilled Onions Diced Tomatoes Chopped Pickles Grated Cheese Ice Cream <b>15</b>	
<b>Sloppy Joes w/ Bun</b> Baked Beans Mixed Vegetables Coleslaw Chocolate Cake <b>18</b>	<b>Chicken Burrito (chicken, onions, red peppers, rice)</b> Black Beans Salad w/ Shredded Cheese & Black Olives Peaches Orange Juice <b>19</b>	<b>Roast Turkey</b> Mashed Potatoes w/ gravy Peas Spinach, Onion Mushroom Salad Ambrosia Fruit Salad Whole Wheat Bread <b>20</b>	<b>Baked Ham (pineapple glaze)</b> Sweet Potatoes Coleslaw Corn Bread Mandarin Oranges <b>21</b>	<b>Tilapia (tomato &amp; onion sauce)</b> Brown Rice Steam Broccoli Wheat Bread Pear Halves <b>23</b>	
<b>Oven Baked Chicken</b> Baked Squash Baked Beans Coleslaw Corn Bread Chocolate Pudding <b>26</b>	<b>Tuna Salad w/ Egg &amp; Scallions</b> Three Bean Salad Lettuce Melon Mix Crackers Orange Juice <b>27</b>	<b>Spaghetti Bolognese</b> (tomato, garlic, onions, ground beef, basil) Green Beans Lettuce w/Spinach & Red Cabbage Garlic Bread Fruit Cocktail <b>28</b>	<b>Chicken Soft Taco</b> (lettuce, tomato, cheese) Mexican Rice Refried Pinto Beans Buttered Corn Oranges w/Coconut <b>29</b>	<b>Hamburger Steak w/Gravy</b> Baked Potato Baked Zucchini w/garlic & parmesan Cheese Green Salad w/Tomatoes & Cucumber Whole Wheat Bread Pears <b>30</b>	

